

## E+10

## Ericeira World Surfing Reserve +10 years

In 2021, celebrate the tenth anniversary of Ericeira World Surf Reserve with Ericeira Surf Clube and Erasmus+ Sport | Not for profit European sport events

Co-funded by the Erasmus+ Programme of the European Union





## E+10 Programme

ESC has carefully organised a programme focused into 4 main subjects, each one associated in its own way to the World Surf Reserves.



SURFING ACTIVITIES

Promote physical and mental health habits and environment through the surfing practice.



**EDUCATION** 

Provide training to promote awareness and an healthier community.



**SUSTAINABILITY** 

To promote the sustainable use of the local resources,



SOCIAL DEVELOPMENT

To care for an equal, caring and active society in the XXT century.

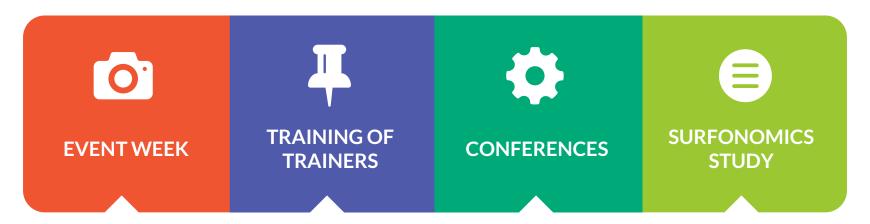






## E+10 Activities Plan

Within the goal of the programme and the Erasmus+ Sport framework, ESC is planning the following events and deliverables



In October 2021, ESC will organise in Ericeira the main event. 200 teenage participants from 9 different countries will be invited to come surf with us, attend workshops and take part of environmental actions.

In July 2021, ESC will prepare the main event country leaders and surf ambassadors. One to two trainers per country will be invited to come to Ericeira for workshops on subjects such as surfing, health, education and sustainability be

From January to November 2021 a series of conferences will take place in Ericeira focusing the subjects of health, sports, sustainability and economy in coastal communities and territories.

A field study on the impact of surfing in Ericeira's economy will be produced by credited researchers, verified by a scientific committee and disseminated in the network of participants.



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The participation will be free and the trainers and participants will be partially or completely funded by ESC and ERASMUS+ Sport. At this stage we will need your expression of interest in the programme, committing to select your country's trainers and participants and coordinating their involvement into the project.

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